

SMARTYZOO

Operation Manual



Thanks for purchasing this product.
Please read this Manual carefully before use.

Model	SW631	Screen Type	1.28" -inch color screen
Battery capacity	300mAh	Charging Voltage	5Vx0.2A
Charging Time	about 2 hours	Battery Life	7 Day
Waterproof level	3ATM	Weight of Product	47g
Operating Temperature	0°C -60°C	Bluetooth Version	BLE5.0
Product Frequency	2402-2483.92	Max. Output Power (nominal)	4dBm



Scan the QR code for more function information



Quick Start (EN)

1. Know the Device



Physical Button

- Press the physical button
- Turn off reminders in the "Reminders" interface.
- Turn on screen when screen is off.
- Access the function list.

Press and hold the physical button

To turn on the device in power-off state.

2. Power On/Off

Power On
When you start charging the device, it will be turned on automatically.



Note: the device must be charged and activated before the first use, please always use the original charger to charge the device.

Press, and hold the physical button to turn on the device.

Power Off
Touchscreen path: [setting]->[Power Off]

Downloading and Pairing

1. Download the APP

Scan the following QR code to download "VeryFit" or search for and download "VeryFit" in "APP Store" on your phone.

2. Pairing

Turn on the APP and Bluetooth. Search and select the device in the APP. Finally, bind the device in the APP.

Screen Operations

Swipe the screen up/down

- To switch among pages at the same level; or
- To view long text or details.

Swipe the screen left/right

- To switch among pages at the same level.

Click the screen

- To go to the sub-page;
- To complete the corresponding action, depending on which on-screen button is clicked.



Click and hold the screen

- To change the watch face wallpaper.

Functions

Supporting features such as: multiple exercise modes, women's health, weather, watch face store, breath training, heart rate monitoring, sleep monitoring, stress level monitoring, blood oxygen level detection, notifications, etc. For instructions and FAQs for these functions, open the app to access the user guide for answers.

Maintenance

- Below are three recommendations on wearing and maintenance:
- Keep the device clean;
 - Keep the device dry;
 - Do not wear the device too tight.

- Do not use household cleaners to clean the device. Use soap-free cleaners instead.
- For stains that are difficult to remove, it is recommended to scrub with alcohol.

Waterproof performance: the device is not suitable for diving, swimming in the sea or sauna. It is suitable for swimming pool, shower (cold water) and swimming in shallow.

Safety

- To prevent device failure, fire and explosion, never place the device or its accessories in any extremely high-temperature or extremely low-temperature area.
- To prevent device damage, accessory damage and device failure, always protect the device against strong impact or shock.
- Do not disassemble or modify the device or its accessories without authorization. Any device failure should be referred to our after-sales service personnel.

クイックスタート (JP)

1. ウォッチの説明



物理ボタン

- 物理ボタンを押します
- "リマインダー" インターフェースでリマインダーをオンにする。
- 画面がオフのときに画面をオンにする。
- アプリストアにアクセスする。

物理ボタンを押しっぱなしにする

電源オフ状態のウォッチをオンにする。

2. 電源オン/オフ

電源オン
ウォッチの充電を開始すると、自動的にオンになります。



※初めてウォッチを使用するときの充電を必ず行ってください。必ずオリジナルの充電器を使用してください。

ボタンを押しっぱなしにする、ウォッチの電源が入ります。

ダウンロードとペアリング

1. アプリのダウンロード

次のQRコードをスキャンして VeryFit をダウンロードするか、App Store 上で VeryFit を検索してダウンロードしてください。

2. ペアリング

アプリを起動し、Bluetooth機能をオンにします。アプリでデバイスの検索を開始を行います。最後に、アプリでデバイスと接続する必要があります。

画面をタップ

- 下位ページに移動する。
- 同じ階層内のデータをクリックされたら、長押しを待てる。
- ウォッチを起動させる。
- 文字の長さを変更する。

機能

機能をサポートしています - は特定のエクササイズモード、女性の健康、天気、ウォッチフェイスストア、呼吸トレーニング、心拍数モニタリング、睡眠モニタリング、ストレスレベルモニタリング、血中酸素濃度測定、通知などの機能をサポートしています。これらの機能の詳細については、アプリを起動してユーザーガイドにアクセスして回答をご覧ください。

メンテナンス

- ウォッチの使用とメンテナンスでは次の3つをおこなってください。
- ウォッチを清潔に保つ。
 - ウォッチを乾燥させてください。
 - ウォッチを強く振らない。

※表紙用クリーン布を使用してウォッチを清掃しないでください。代わりに清潔な柔らかい布を使用してください。

※取り除くのが難しい汚れについては、アルコールを拭き取ることをお勧めします。

防水性: ウォッチは、シャワー、プール、サウナは適していません。スイミングプール、シャワー (冷たい水) と浅湯での水泳に対応しています。

安全性

- ウォッチの故障、火災、爆発を防ぐために、ウォッチまたはその付属品を極端な高温または低温の場所に置かないでください。
- ウォッチや付属品の故障、ウォッチの故障を防ぐために、常に強い衝撃や振動からウォッチを保護してください。
- ウォッチまたはその付属品を、許可なく分解または改造しないでください。ウォッチを分解した者、アフターサービスの担当者にお問い合わせください。

Kurzanleitung (DE)

1. Smartwatch kennenlernen



Taste

- Taste drücken
- Ausschalten der Erinnerungen im Menü „Erinnerungen“.
- Display einschalten, wenn es ausgeschaltet ist.
- Zugriff auf die Funktionsliste.

Taste gedrückt halten

Smartwatch einschalten;

2. Ein- und ausschalten

Einschalten
Bei Beginn des Ladezyklus schaltet sich die Smartwatch automatisch ein.



※初めて Smartwatch nutzen die Smartwatch geladen und aktiviert werden. Verwenden Sie ausschließlich das Original-Ladegerät.

Halten Sie die Taste gedrückt, um die Smartwatch einzuschalten.

Ausschalten

Wartungsoptionen: [Einstellungen]->[Ausschalten]

Download und Kopplung

1. App herunterladen

Scannen Sie den nachstehenden QR-Code, um die VeryFit herunterzuladen oder suchen Sie VeryFit im App Store. Laden Sie die App auf Ihr Smartphone herunter.

2. Kopplung

Schalten Sie das App und Bluetooth ein. Suchen und wählen Sie das Gerät in der App aus.

Zum Abschluss verknüpfen Sie das Gerät in der App.

Bedienung über Bildschirm

Aufwärts/abwärts wischen

- Seiten auf gleicher Ebene umblättern oder
- Lange Taste oder Details anzeigen.

Links/rechts wischen

- Seiten auf gleicher Ebene umblättern.

Drücken Sie auf dem Bildschirm

- Untermenu aufrufen
- Entsprechende Aktion durchführen, abhängig von der angestrichelten Schaltfläche.

Halten Sie den Bildschirm gedrückt

- Zifferblatt umschalten

Funktionen

Unterstützt Funktionen wie: Die unterstützt Funktionen wie mehrere Trainingsmodi, Gesundheit, Frauen, Wetter, Reflexions-Szene, Atemtraining, Herzfrequenzüberwachung, Schlafüberwachung, Überwachung des Sauerstoffniveaus, Erkennen des Sauerstoffgehalts im Blut, Benachrichtigungen usw. Für Anleitungen und FAQs zu diesen Funktionen öffnen Sie die App, um auf das Benutzerhandbuch für Antworten zuzugreifen.

Wartung

Benutzen Sie die nachstehenden Empfehlungen zum Tragen und zur Wartung:

- Halten Sie die Smartwatch sauber.
- Halten Sie die Smartwatch trocken.
- Ziehen Sie das Armband nicht zu fest an.

- Verwenden Sie zur Reinigung der Smartwatch keine Haushaltsreiniger. Verwenden Sie stattdessen sanftere Reinigungsmittel.
- Bei schwer zu entfernenden Flecken empfehlen wir die Reinigung mit Alkohol.

Wasserdichtigkeit: Die Smartwatch ist nicht zum Tauchen, Schwimmen im Meer oder Tragen in der Sauna geeignet. Sie eignet sich für Schwimmenbad (Dusche kaltes Wasser) und Schwimmen im flachen Wasser.

Sicherheit

- Um einen Aufstoß der Smartwatch, Feuer und Explosion zu vermeiden, verwenden Sie sie oder das Zubehör nicht in Bereichen mit extrem hohen oder niedrigen Temperaturen.
- Schützen Sie die Smartwatch stets vor starken Stößen oder Erschütterungen, um Schäden und Ausfälle zu vermeiden.
- Demontieren oder modifizieren Sie die Smartwatch und das Zubehör nicht. Wenn Sie sich im Schadensfall an unseren Kundendienst.

Démarrage rapide (FR)

1. Découvrir l'appareil



Touche physique
Appuyer sur la touche physique
1. Désactiver les rappels dans l'interface « Rappel ».
2. Allumer l'écran lorsqu'il est éteint.
3. Accéder à la liste des fonctions.

Appuyer et maintenir appuyée la touche physique

Pour allumer l'appareil, pendant 5 secondes pour réinitialiser le programme sans effacer les données.
2. Marche/Arrêt
Mise en marche
Lorsque vous commencez à charger l'appareil, il s'active automatiquement.



Remarque : L'appareil doit être chargé et activé avant sa première utilisation. Veuillez toujours utiliser le chargeur d'origine pour charger l'appareil.

Utilisation de l'écran

Appuyez et maintenez appuyée la touche physique pour allumer l'appareil.
Arrêt
Cherchez d'arrêt (Recharge) (Recharge l'appareil).
Balayez l'écran vers le haut ou le bas
1. Pour balayer entre les pages du même niveau, ou
2. Pour effectuer un geste long ou double.
Balayez l'écran vers la gauche ou la droite
1. Pour changer le fond d'écran ou celui de la montre.
Cliquez sur l'écran
1. Pour aller à la sous-page.
2. Pour terminer l'action correspondante, en fonction de la touche sur l'écran sur laquelle vous avez cliqué.
Cliquez et maintenez appuyé sur l'écran
1. Pour changer le fond d'écran ou celui de la montre.

Téléchargement et association

1. Télécharger l'application
Scannez le code QR suivant pour télécharger « Verifit » ou recherchez et téléchargez « Verifit » dans « APP Store » sur votre téléphone.
2. Association
Allumez l'application et le Bluetooth. Recherchez et sélectionnez l'appareil dans l'application.
Brièvement touchez l'appareil dans l'application.



Entretien

Prendre en charge des fonctionnalités telles que : modes d'exercice multiples, santé des tendons, météo, boutique de cadrans, entraînement respiratoire, surveillance de la fréquence cardiaque, surveillance du sommeil, surveillance du niveau de stress, détection du niveau d'oxygène dans le sang, notifications, etc.
Pour obtenir des instructions d'une FAZ sur ces fonctions, tourez l'application pour accéder au guide de l'utilisateur pour obtenir des réponses.
Nos trois recommandations sur le port et l'entretien :
1. Maintenir l'appareil propre.
2. Maintenir l'appareil sec.
3. Ne pas porter l'appareil trop serré.
• Ne pas utiliser de produits nettoyants ménagers pour nettoyer l'appareil. Utilisez plutôt des nettoyants sans alcool.
• Pour les tâches difficiles à enlever, il est recommandé de frotter avec du talco.



Fonctions

et compatible avec des fonctionnalités telles que : modes d'exercice multiples, santé des tendons, météo, boutique de cadrans, entraînement respiratoire, surveillance de la fréquence cardiaque, surveillance du sommeil, surveillance du niveau de stress, détection du niveau d'oxygène dans le sang, notifications, etc. Pour voir les instructions et les questions fréquentes sur ces fonctions, allez à l'application et accédez à la page de l'utilisateur pour obtenir des réponses.

Inicio rápido (ES)

1. Conociendo el dispositivo



Botón físico
Pulsar el botón físico
1. Desactivar los recordatorios en la interfaz "Recordatorio".
2. Encender la pantalla cuando está apagada.
3. Acceder a la lista de funciones.
Pulsar y sostener el botón físico
Encender el dispositivo en estado apagado.

Encendido/apagado

Encendido
Cuando inicia la carga del dispositivo, este se encenderá automáticamente.
Apagado
Ruta del apagado (Apagar) (Apagar).



Nota: el dispositivo debe ser cargado y activado antes de su primer uso; siempre se debe usar el cargador original para cargar el dispositivo.

Descarga y emparejamiento

1. Descarga de la aplicación

1. Digitalizar el siguiente código QR para descargar « Verifit » o buscar y descargar « Verifit » en la « tienda de aplicaciones » de su teléfono.
2. Emparejamiento
Encienda la aplicación y Bluetooth. Busque y seleccione el dispositivo en la APLICACIÓN.
Finalmente, vincule el dispositivo en la APLICACIÓN.



Mantenimiento

Adoptar un enfoque de mantenimiento que incluya: modos de ejercicio múltiples, salud de los tendones, tiempo, tienda de pantallas del reloj, entrenamiento de respiración, monitorización del ritmo cardíaco, monitorización del sueño, monitorización del nivel de estrés, detección del nivel de oxígeno en sangre, notificaciones, etc. Para ver instrucciones y preguntas frecuentes sobre estas funciones, vaya a la aplicación y acceda a la guía del usuario para conocer las respuestas.
Nuestros tres consejos de mantenimiento:
1. Mantener el dispositivo limpio.
2. Mantener el dispositivo seco.
3. No usar el dispositivo demasiado ajustado.
• No utilizar limpiadores domésticos para limpiar el dispositivo. En cambio, se deben utilizar limpiadores limpios de jabón.
• Para las manchas que son difíciles de eliminar, se recomienda limpiar con alcohol.
• Para las manchas que son difíciles de eliminar, se recomienda limpiar en un mar o en el mar, si es adecuado para platos de natación, para el ducha (agua fría) y para la natación en aguas poco profundas.



Funciones

el dispositivo debe ser cargado y activado antes de su primer uso; siempre se debe usar el cargador original para cargar el dispositivo.

Operaciones de la pantalla

Deslizar la pantalla hacia arriba/abajo
1. Cambiar entre las páginas en el mismo nivel, o
2. Visualizar el fondo largo o los detalles.
Deslizar la pantalla hacia la izquierda/derecha
1. Cambiar entre las páginas en el mismo nivel.



Avvio rapido (IT)

1. Conoscere il dispositivo



Tasto fisico
Premere il tasto fisico
1. Disattivare i promemoria nell'interfaccia "Promemoria".
2. Attivare lo schermo quando è spento.
3. Accedere all'elenco delle funzioni.
Tenere premuto il tasto fisico
Per accendere il dispositivo in stato spento.

Accensione/Spengimento

Accensione
Quando si inizia a caricare il dispositivo, si accenderà automaticamente.
Spengimento
Pulsare il tasto fisico per accendere l'unità.
Pulsare il tasto fisico per accendere l'unità (Promemoria) (Promemoria).



Nota: il dispositivo deve essere caricato ed attivato prima del primo utilizzo; utilizzare sempre il caricatore originale per caricare il dispositivo.

Scaricamento e appaiamento

1. Scaricare la APP

1. Digitalizzare il seguente codice QR per scaricare « Verifit » o cercare e scaricare « Verifit » nell'« APP Store » sul proprio telefono.
2. Appaiamento
Attivare l'APP e il Bluetooth. Cercare e selezionare il dispositivo nell'APP.
Infine,appare il dispositivo all'APP.



Manutenzione

Adoptare un approccio di manutenzione che includa: modi di esercizio multipli, salute dei tendini, tempo, negozio di orologi, allenamento di respirazione, monitoraggio del ritmo cardiaco, monitoraggio del sonno, monitoraggio del livello di stress, rilevamento del livello di ossigeno nel sangue, notifiche, ecc. Per istruzioni e domande frequenti relative a queste funzioni, aprire l'app per accedere alla guida dell'utente per le risposte.
I nostri tre suggerimenti per la manutenzione:
1. Mantenere il dispositivo pulito.
2. Mantenere il dispositivo asciutto.
3. Non indossare il dispositivo troppo stretto.
• Non utilizzare prodotti di pulizia casalinghi per pulire il dispositivo. Utilizzare pulitori privi di sostanze nocive.
• Per macchie ostinate, si raccomanda di pulire con alcool.
• Impedire che il dispositivo non si adatti a stoffe ruvide in mare o suare, si adatti a piscine, doccia (fredda) o nuoto in acque basse.



Funzioni

il dispositivo deve essere caricato ed attivato prima del primo utilizzo; utilizzare sempre il caricatore originale per caricare il dispositivo.

Sicherheit

Caution
• If you experience skin irritation when wearing your smart watch, please refrain from wearing, and wait two to three days (as if you experience dizziness, dizziness, or nausea), please consult a physician.
• If you have eczema, allergies or asthma, you may be more likely to experience skin irritation or allergy from a wearable device.
CAUTION
• Risk of explosion if the battery is replaced by an incorrect type.
• Leaving a battery into fire or a hot oven, or mechanically crushing or cutting a battery that can result in an explosion.
• Leaving a battery in an extremely high temperature surrounding environment that can result in an explosion or the leakage of flammable liquid or gas.
• A battery subjected to extremely low air pressure that may result in an explosion or the leakage of flammable liquid or gas.

RoHS

This device complies with Part 15 of the FCC Rules. Operation is subject to the following two conditions:
1. This device must not cause harmful interference, and
2. This device must accept any interference received, including interference that may cause undesired operation.
Changes or modifications not expressly approved by the party responsible for compliance could void the user's authority to operate the equipment.
This equipment has been tested and found to comply with the limits for a Class B digital device, pursuant to Part 15 of the FCC Rules. These limits are designed to provide reasonable protection against harmful interference in a residential installation.
This equipment generates, uses and can radiate radio frequency energy, and, if not installed and used in accordance with the instructions, may cause harmful interference to radio communications. However, there is no guarantee that interference will not occur in a particular installation.
If this equipment does cause harmful interference to radio or television reception, which can be determined by turning the equipment off and on, the user is encouraged to try to correct the interference by one or more of the following measures:
• Reorient or relocate the receiving antenna.
• Increase the separation between the equipment and receiver.
• Connect the equipment into an outlet on a circuit different from that to which the receiver is connected.
• Consult the dealer or an experienced radio/TV technician for help.
CAUTION
RISK OF EXPLOSION IF BATTERY IS REPLACED BY AN INCORRECT TYPE.
DISPOSE OF USED BATTERIES ACCORDING TO THE INSTRUCTIONS.
Old electrical appliances must not be disposed of together with the residual waste, but have to be disposed of separately. The disposal of the command collecting point via private persons is free. The owner of old appliances is responsible to bring the appliances to these collecting points or to similar collection points. With this free personal effort, you contribute to recycle valuable raw materials and the treatment of toxic substances.
If you experience discomfort or skin irritation when wearing your smart watch, then we recommend you try cleaning your device. Sometimes residual or foreign materials build-up around your device and may aggravate your skin. It's also possible that you are not wearing the watch correctly. We recommend making sure to clean and adjust your watch regularly for a more comfortable fit.
The device meets the EU RoHS criterion.
Please refer to IEC 62321, EU RoHS Directive 2011/65/EU and revised directive.

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