

KW257A 智能手表说明书



使用本产品前请参阅本手册
V1.0

01 佩戴

日常佩戴时将手表佩戴到距离腕骨约一指距离，并调整腕带的松紧到舒适的位置。
提示：佩戴过松可能会影响心率传感器采集数据。



02 连接绑定

02.1 长按手表上侧按键开机，在向导页界面选择语言，使用手机扫描二维码下载APP并进行配对。你也可以扫描下方二维码在手机应用市场下载和安装“GloryFit”APP。长按屏幕二维码界面3秒，可以跳过绑定APP步骤，进入手表操作界面。



02.2. 打开GloryFit在设备页选择“添加设备”，按照屏幕提示进行操作。



02.3 蓝牙通话功能连接：

- 1). 安卓手机：在APP与手表绑定成功后，会自动提示是否与音频蓝牙KW257A (ID-xxxx) 配对，点击配对即可；
- 2). IOS手机(IOS机型系统13版本以上的支持一键连接提示)与部分安卓手机：在APP与手表绑定成功后，使用电话功能时，需手动进入手机设置--蓝牙--搜索音频蓝牙KW257A (ID-xxxx)。点击配对音频蓝牙KW257A (ID-xxxx)，配对成功才能正常使用电话功能。



提示:

- 1).为了更好的使用体验, 请将APP升级到最新版本。
- 2).系统需要Android 5.0或者IOS 9.0或以上版本。
- 3).在首次连接IOS系统中的APP后, 会提示蓝牙配对请求; 点击“配对”进行连接后, 手表可以同步接收IOS来电、短信等通知。
- 4).Android设备第一次连接APP后, 会弹出应用权限激活提示; 请按照提示激活权限, 否则会导致连接不稳定, 出现断连的情况。
- 5).配对过程中, 请确认手机网络连接正常, GPS定位和蓝牙处于开启状态, 保证手表与手机的正常连接。
- 6).如果在添加设备过程中查找不到设备, 或者在使用过程中无法连接设备, 请尝试在手表主界面长按手表侧按键5秒, 关机后再开机。或在手表系统操作界面选择恢复出厂, 然后重新添加该设备。

03使用操作

a.打开控制面板: 表盘主页从上往下滑。



b.打开信息: 表盘主页从下向上滑。



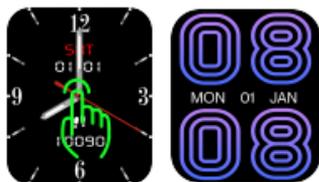
c.打开主菜单: 表盘主页从左向右滑动, 进入列表主题界面, 双击侧按键可切换成蜂窝主题和九宫格主题(默认列表主题)。



d.打开快捷界面: 表盘主页从右向左滑动。



e.快捷进入表盘更换：长按表盘界面3秒，进入表盘选择界面。左右滑动切换表盘，点击选中的表盘即可成功设置。亦可以在表盘界面，通过旋转上侧旋钮按钮切换表盘。



f.开机/关机：表盘界面长按侧键5秒。



g.正常操作功能时：按上侧按键返回上一级功能界面；处于表盘界面时，再按上侧按键，亮屏/熄屏。按下按键进入运动快捷界面。

h.旋转按钮功能：列表主题和九宫格上下滑动都可以旋转按钮来实现，表盘主页左右滑动都可以旋转按钮来实现，在蜂窝主题界面，旋转按钮可以直接放大会缩小展示。

04 功能

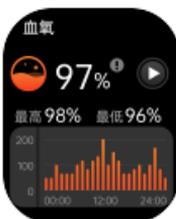
	<p>电话： 联系人：可在APP端同步添加联系人。 通话记录：记录您的通话记录。 拨号盘：输入电话号码，可以在手表端实现通话。</p>
	<p>活动状态：记录当天步数,距离，卡路里。更多详细信息分析以及数据记录可以在APP端中查看。</p>
	<p>心率监测：测量当前心率值；手表可以记录并显示全天24h心率值，每10min自动监测一次心率。更多详细信息分析以及数据记录可以在APP端中查看。(数值仅供参考，不可作为医疗依据)</p>



压力：测量当前压力，手表可以记录并显示全天24h压力值。更多详细信息分析以及数据记录可以在APP端中查看。(数值仅供参考，不可作为医疗依据)。



100+种运动模式：户外跑、骑行、跳绳、羽毛球、乒乓球、网球、登山、健走、篮球、足球、棒球、排球、板球、橄榄球、曲棍球、跳舞、动感单车、瑜伽、仰卧起坐、跑步机、体操、划船、开合跳、自由训练、室内走路、室内跑步、力量训练、踏步、骑马、椭圆机、太极、毽球、拳击、户外健走、越野跑、滑雪、冰球、跆拳道、最大摄氧量测试、划船机、漫步机、田径、腰腹训练、等等。



血氧：测试当前血氧值；可监测全天血氧，更多详细信息分析以及数据记录可以在APP端中看。(数值仅供参考，不可作为医疗依据)。



血压：测试当前血压值，更多详细信息分析以及数据记录可以在APP端中查看。(数值仅供参考，不可作为医疗依据)。

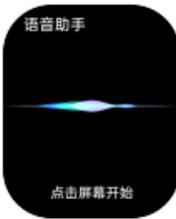


睡眠：可记录并显示昨夜的睡眠总时长、深睡眠和浅睡眠的时长。更多详细信息分析以及数据记录可以在APP端中查看。



音乐控制：连接手机后，手表可控制手机上的音乐播放/暂停/上一曲/下一曲，可调节音量大小。

	<p>天气：显示当天天气情况和未来3天天气。 (天气信息需要连接APP端后才可以获取数据，如果长时间断开连接，天气信息将无法更新)。</p>
	<p>闹钟：可添加8个闹钟提醒，震动并亮屏提醒。</p>
	<p>呼吸率：测量当前呼吸率。(数值仅供参考，不可作为医疗依据)。</p>
	<p>情绪：测试当前情绪。更多详细信息分析以及数据记录可以在APP端中看。(数值仅供参考，不可作为医疗依据)。</p>
	<p>呼吸训练：可设置呼吸节奏与时间，跟随训练提示完成呼吸训练。</p>
	<p>消息：消息提醒，同步手机上的通知推送，保存8条最新消息提醒。</p>

	<p>语音助手： 点击语音助手，说出您需要唤醒的功能（注意：手表需要和手机连接蓝牙才可以使用）。</p>
	<p>SOS： 在APP端“SOS呼叫”里面添加联系人即可。</p>
	<p>工具箱： 秒表/计时器/手电筒/查找手机/遥控拍照/计算器。</p>
	<p>设置： 表盘&主题/亮度/声音&震动/密码/抬腕亮屏/勿扰模式/APP下载/系统/关于。</p>
	<p>声音设置： 关闭娱乐声音： 播放音乐/刷抖音/看微信朋友圈视频，看电视/电影，手表不会播放声音,手机会播放声音。 开启娱乐声音： 播放音乐/刷抖音/看微信朋友圈视频，看电视/电影，手表会播放声音,手机不会播放声音。 （主要管控的是第三方播放声音） 静音： 控制手表来电声音开关。</p>
	<p>密码： 开启密码锁，输入密码设置确认即可。</p>



生理周期：在APP端设置个人信息为“女”，并开启生理周期功能后显示。在手表端显示对应的安全期、月经期、排卵期提醒。

05 其他功能

久坐提醒、勿扰模式、低电提醒、来电提醒、心率过高提醒、心率过低提醒、查找手表、在线表盘推送、自定义表盘推送、12/24时间制、单位设置、抬腕亮屏、添加小部件、生理周期提醒、目标达成提醒。

06 充电

- 1.将手表放置在充电头上，使手表背部的充电触片与充电头上的金属触点完全贴合。
 - 2.将充电线连接至正规渠道购买的标准USB充电器，输出电压为5V、输出电流为0.5A及以上。
- 若手表长时间放置后无法开机，再次使用时需请将充电线的充电触片擦拭干净，避免汗液或者水分残留。

07 保修服务

- 1.本产品在正常使用时，如果出现因制造，材料，设计等原因引起的产品质量问题，自购买之日期起，主板一年内免费保修，电池，充电器保修半年。
- 2.因使用者个人原因造成的故障，不提供免费保修，如下：
 - 1)、擅自拆装，改装手表等造成的故障。
 - 2)、在使用过程中不慎跌落而造成的故障。
 - 3)、一切人为损坏或因第三者过失、误用(如：主机进水，外力震裂，外围部件的刮痕的损坏等)，不在保修范围内。
- 3.在要求提供免费保修时，请必须提供填有购买日期和购买处印章的保修卡。
- 4.用户维修产品时，请把产品拿到本公司或本公司经销点。
- 5.产品的所有功能都以实物为主。

温馨提示：1、为保证产品的防水性能，请勿擅自拆开手表后盖螺丝，且不能浸泡在热水、热茶以及其他腐蚀性液体。2、本产品含有锂电池，产品回收时，请务必放至指定的电池回收点。

保修卡

客户资料

型号		售机单位	(签章)
客户姓名		联系电话	
销售电话		购买日期	
客户地址			
销售地址			

摘要

日期	故障现象	检修	备注

User Manual

KW257A Smart Watch



Please refer to this manual before using the product.

V1.0

01 How to wear

Please wear the device on your wrist correctly, about one finger from the carpal and adjust it to comfortable position. Below picture as reference.

Tip: Please wear the device a bit little tighter when heart rate monitors.

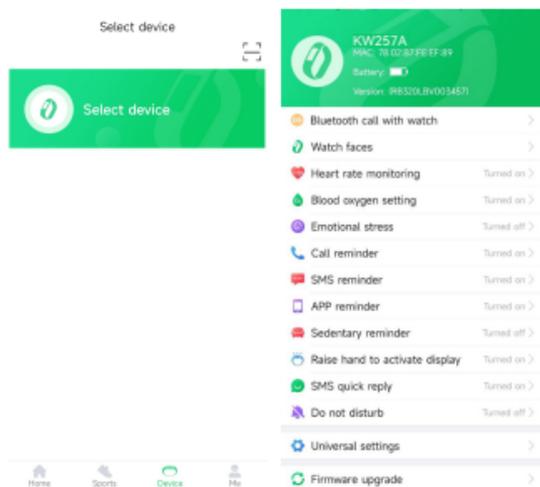


02 How to download & connect to APP

02.1. Long press side button to power on, slide down from the top from watch face home page, go to "Settings--About--Download QR code", scan QR code to download and install "GloryFit" APP You can also scan below "GloryFit" QR code to download and install "GloryFit" APP. Long press QR code for 3 seconds, you will be able to skip banding app, and will be leading to watch operation.



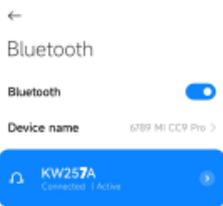
02.2. Go to app "GloryFit" and select "Add Device" on the device page, then follow the instructions on the screen.



02.3 How to connect to BT call feature:

1) Android phone: After the APP and the watch are successfully bound, it will automatically prompt whether to pair with the audio Bluetooth KW257A(ID-xxxx), please click to pair it directly.

2) IOSphone (IOS model system version 13 and above supports one-keyconnection prompt) and some Android mobile phones: After the APP is successfully bound to the watch, when using the phone function, you need to manually go to phone settings--Bluetooth--Search audio Bluetooth KW257A (ID-xxxx) . Click to pair the audio Bluetooth KW257A (ID-xxxx) and the phone function can be used normally only after the pairing is successful.



Tips:

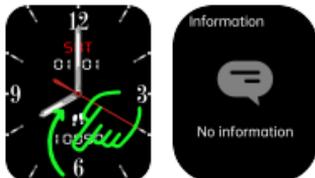
- 1). Please upgrade the app to latest version to get a better experience.
- 2). It is recommended mobile phone system of Android 5.0 or IOS 9.0 or above.
- 3). For the first time connection with iphone, "Pair" reminder will pop-up, click to pair, then incoming calls and instant messages will be pushed.
- 4). For the first time connection with android, "Permissions" reminder will pop-up, please follow up the guidance and allow permissions to ensure all functions working properly.
- 5). To connect successfully, please turn on mobile phone's bluetooth, GPS and network.
- 6). If the device cannot be searched or connected during use, please reset or turn off the watch to try again.

03 Operating Instructions

a. Setting page: Slide down from main page, go to shortcut page.



b. Information page: Slide up from main page.



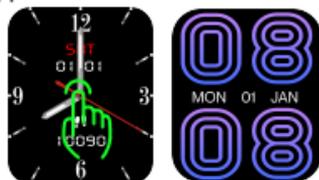
c. Main Menu Page: Slide right from the main page. You can change the menu styles by double click on upper button or change on setting page.



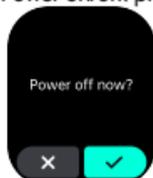
d. Shortcut page: Slide left from main page.



e. Quick access to change watch faces: Long press the watch face for 3 seconds on main page, slide left or right to choose watch faces. Can switch to different watch face by rotating the upper button.



f. Power on/off: press and hold the upper button for 5 seconds on the dial interface.



g. Normal operation, press the upper side button to return back to previous page; On main page, press the upper side button to turn on/off the screen, and press the down side button to enter the exercise shortcut list.

h. Rotate button function: It can be realized by rotating the button to slide up and down. to be able to switch different menu styles, and switch to different watch face. when it is in cellular menu style, rotate button can zoom in or zoom out the display area.

04 Function

	<p>Call: Recent Call: You can view call records. Dial Pad: Enter the number you want to dial. Contacts: Synchronize your friend numbers.</p>
	<p>Daily Activities: Do record of steps, distance and calories of daily. More detailed information analysis and data records can be viewed in the APP.</p>
	<p>Heart Rate: On the heart rate interface to measure your heart rate. All-day heart rate measurement can be turned on on the APP side, and according to the selected heart rate monitoring time period, 24h heart rate monitoring records can be recorded and displayed throughout the day. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis).</p>



Stress: Enter the Stress interface to measure the current pressure value. You can choose to record and display the 24h stress value throughout the day. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis).



Workout: 100+ sport modes are supported. More details can be viewed in APP.



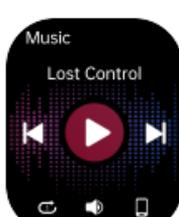
Blood Oxygen: Monitor the blood oxygen value and record the latest 7 blood oxygen monitor records. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis).



Blood Pressure: Monitor the blood pressure value and record the latest 7 blood pressure monitor records. More detailed information analysis and data records can be viewed in the APP. (The value is for reference only and cannot be used as a medical basis).



Sleep: record and display the total sleep time last night and the sleep status of deep sleep, light sleep, rapid eye movement and awake. More detailed information analysis and data records can be viewed in the APP.



Music: After connecting to the mobile phone, you can click "play/pause/previous/next song" on the smart watch to control the music from mobile phone, and the volume can be adjusted.



Weather: There are weather information for that day and the weather for the next 3 days. The weather information needs to be connected to the APP before the data can be obtained. If the connection is disconnected for a long time, the weather information will not be updated.



Alarm: You can set the alarm on the watch or synchronize the alarm set on the APP. Up to 8 alarms can be set.



Respiratory rate: Measure the current respiratory rate. (Values are for reference only and cannot be used as medical basis).



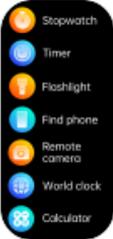
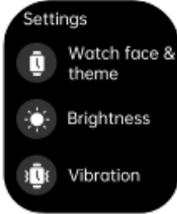
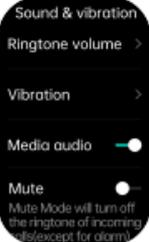
Mood: Test the current mood. More detailed information analysis and data records can be viewed in the APP. (The values are for reference only and cannot be used as medical basis).



Breathing Exercise: You can set the breathing rhythm and time, and follow the training prompts to complete the breathing training.



Message: message reminders, sync notification push from your phone, save 8 latest message reminders.

	<p>Voice assistant: Double-click the down button to enter the voice assistant, click the voice assistant, according to the voice assistant "word" of phone (such as: Xiaoi, Xiaoyi) to wake up the phone function. (Note: The watch needs to be connected to the mobile phone via Bluetooth before it can be used).</p>
	<p>SOS: You can add contacts in "SOS call" on the APP side.</p>
	<p>Tool Box: Stopwatch/ Flashlight/Timer/Find phone/Calculator/Stopwatch/ Remote Camera.</p>
	<p>Settings: Watch Faces&Theme/Brightness/Sound&Vibration/ Password/Raise to Wake/Do Not Disturb/Download App/ System/Info.</p>
	<p>Sound settings: Turn off the entertainment sound: play music/swipe Douyin/watch WeChat Moments videos, watch TV/movies, the watch will not play sound, but the phone will play sound. Turn on the entertainment sound: play music/swipe Douyin/watch WeChat Moments videos, watch TV/movies, the watch will play sound, and the phone will not play sound. (The main control is the third party playing sound) Mute: Control the watch's incoming call sound switch.</p>
	<p>Password: Turn on the password lock, enter the password to set and confirm.</p>



Female Health: Set profile information as “female” in app terminal, and enable the function of menstrual cycle to display. Display the corresponding safe period, menstrual cycle , ovulation reminder in the mobile phone.

05 Other functions

Find watch, 12/24h time system, sedentary reminder, low battery reminder, incoming call reminder, online dial/custom dial, unit setting, turning the wrist to brighten the screen, drinking water reminder, heart rate warning reminder, physiological cycle reminder , Goal achievement reminder.

06 Charging

Attach the charging cable to the watch charging port, ensuring the metal pins fully connected.

Please use the correct charging adapters which are 5V 0.5A above.

Note: If smart watch can not be powered on after being left unused for long time, please clean up the charging metal pins to make sure connecting well.

07 Warranty

1. One year warranty for default hardware defectives, half of year for battery and charging cable.
2. Below reasons cause to defectives are not included in free warranty service:
 - 1) Personal assemble or disassemble.
 - 2) Falling damage during use.
 - 3) All man-made damage or due to the third party's fault, improper use(such as: water in the smart watch, external force shattering, scratch during use etc.
3. Please provide a warranty card with the details filled when request for after selling service.
4. Please contact with direct dealers for warranty service.
5. Please note all functions of the product are based on physical objects.

Notes:

1.To ensure waterproof, please DO NOT:

- 1)Wear the watch during hot shower or in hot tea and other corrosive liquids
 - 2)Remove any screws or buttons.
- 2.Products with batteries cannot be disposed with household waste. Please send this product to WEEE collecting points near you.

Warranty Certificate

Client Info

Product Type		Vendor	(Stamp)
Client Name		Contact Info	
Vendor's Contact		Purchase Date	
Product IMEI Code			
Client's Address			

Warranty Record

Date	Problems	Diagnosis	More Info